Basic Terminology

Korean terms used in class, grouped by what they are for.

INSTRUCTOR RANKS AND SCHOOL BASICS

Kwanjang-Nim	Headmaster and dojang owner
Sahbum-Nim	Master
Kyosah-Nim	Instructor
Poom	Junior black belt
Je Jah	Student
Dobok	Uniform
Dojang	Training floor / martial arts school

STANCES

Sogi	Stance
Chongul-sogi	Front stance
Hugol-sogi	Back stance
Kima-sogi	Horse stance
Dyt Pa-sogi	Cat stance
Moa-sogi	Feet together
Narani-sogi	Ready stance
Kyocha-sogi	Cross stance

BLOCKS

Makgi	Block
Ha Dan-Makgi	Down block
Sang Dan-Makgi	High block
Chon Dan-Makgi	Middle block
Sudo Tera Makgi	Double knife hand block
Chon Dan Sang Dan Makgi	C block

ATTACKS

Kwon	Fist
Chirugi	Punch
Sudo	Knife hand
Yuk-Sudo	Ridge hand
Rikwon	Back fist
PalKup	Elbow
Kwan Su	Spear finger
Chon Kwon	Fore fist
Yukwon	Side of fist
Pen Kwan Su	Short finger

KICKS

Chagi	Kick
Ap-Chagi	Front kick
Yop-Chagi	Side kick

Tollyo-Chagi	Round house kick
Pandae Tollyo-Chagi	Spinning heel kick
Naero-Chagi	Axe kick
Sewo An-Chagi	Inside to outside kick
Sewo Bakkat-Chagi	Outside to inside kick
Dyt Chagi	Back kick
Twimyo-Chagi	Jumping / flying kick
Pituro-Chagi	Twist kick
Morup-Chagi	Knee kick

COMMANDS AND POSITIONS

Charyot	Attention
Gyenea	Bow
Gukkie Daryon	Bow to the flags
Juhn Bee	Ready position
Shijak	Begin
Go Mahn	Stop
Ba Row	Return to ready position
Tae Ryon	Sparring
Kyek Pa	Power test
Hyong	Form
Hosinsol	Self-defense
Ilbo Taeryon	One step sparring
Ibo Taeryon	Two step sparring

COUNTING

1. **Hah Na**
2. **Dool**
3. **Seht**
4. **Neht**
5. **Dah-Sut**
6. **Yuh-Sut**
7. **Eel-Kohp**
8. **Yu-Dul**
9. **Ah-Hop**
10. **Yul**
11. **Yul-Hah Na**
12. **Yul-Dool**
13. **Yul-Seht**
14. **Yul-Neht**
15. **Yul Dah-Sut**
16. **Yul Yuh-Sut**
17. **Yul Eel-Kohp**
18. **Yul Yu-Dul**
19. **Yul Ah-Hop**
20. **Samul**